

Whole body hyperthermia case studies

Metastatic squamous cell carcinoma (I)

- 62-year-old female diagnosed with metastatic squamous cell carcinoma (pelvic lymph nodes, unknown primary) in May 2016
- Initial supportive treatment - diet (LCHF and modified intermittent fasting), targeted exercise (high intensity interval training), stress management, IV vitamin C and minerals, plus supplements (vit D, Zn, PSK Trammune, Boswellia, curcumin).
- Treated with initial chemoradiotherapy (mitomycin and 5FU for 6 weeks) at Peter Mac in Melbourne. Very unwell post therapy - felt awful, diarrhea and faecal urgency, urinary frequency, skin breakdown, fatigue, nausea.
- Underwent moderate WBHT (90 minute sessions) plus IVC (30g), 5 sessions over a 6 week period.
- Temperatures of 37.7 (5.7.16), 37.8 (8.7.16), 37.8 (12.7.16), 38.4 (29.7.16) and 39.4 (19.8.16).
- Rapid clinical improvement, even following first treatment.
- Now fit and well and asymptomatic. Recent PET CT showed complete remission with no active disease

Metastatic squamous cell carcinoma (II)

- 59-year-old female with metastatic squamous cell carcinoma (2/16 axillary lymph nodes involved, unknown primary), diagnosed Jan 2014
- Treated from April 2014 with initial radiotherapy to axilla and neck, then chemotherapy (paclitaxel, carboplatin x4 cycles (lung cancer protocol).
- Generally fit and well
- Supportive therapies - diet (LCHF, intermittent fasting), exercise, mindfulness, supplements (vit D, Zn, Iscador (mistletoe), Artesiane (artemether), quercetin)
- During radiotherapy-
- WBHT + IVC x4, 90 minute sessions - 9.5.14 (37.7), 6.6.14 (37.8), 27.6.16 (38.4), 8.8.16 (39.4)
- PET CT 15.12.14 - complete remission, no active disease
- PET CT Jan 2016 - complete remission
- Remains fit and well.

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